



LaFAYETTE HIGH SCHOOL

MAY 13 - 17, 2019



WEEK 2

	Monday 13 th	Tuesday 14 th	Wednesday 15 th	Thursday 16 th	Friday 17 th
Line 1	Ham & Cheese on WG Bun WG Chips Lettuce & Tomato Or Pizza Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ Lettuce & Tomato OR Pizza Baked Beans Cole Slaw Carrots w/ Dip Apricots Fresh Fruit Ice Cream Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing OR Pizza Corn Green Beans Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ WG Chips Lettuce & Tomato OR Pizza Baked Beans Corn Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Turkey & Cheese on WG Bun w/ WG Chips & Lettuce, Tomato OR Pizza Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 2	Sweet and Sour Chicken on Rice w/ WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Apricots Fresh Fruit Ice Cream Milk Choice	Burrito w/ Sour Cream & Salsa OR Chicken on WG Bun w/ Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Taco Bake w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun w/ WG Chips & Lettuce, Tomato, Onions OR Corndog Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 3	Sweet and Sour Chicken on Rice w/ WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Apricots Fresh Fruit Ice Cream Milk Choice	Burrito w/ Sour Cream & Salsa OR Chicken on WG Bun w/ Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Taco Bake w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun w/ WG Chips & Lettuce, Tomato, Onions OR Corndog Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILTY OF FOOD. This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



**EVERY STUDENT'S TRAY MUST AT LEAST
1/2 CUP FRUIT OR VEGGIE ON IT**



NEW

Have you submitted your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to

www.myschoolapps.com



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org

All charges need to be paid by May 17th.