



# LAFAYETTE HIGH SCHOOL

## APRIL 8 - 12, 2019

Week 3



	Monday 8th	Tuesday 9th	Wednesday 10th	Thursday 11th	Friday 12th
Line 1	 NO SCHOOL	Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Refried Beans Steamed Carrots Toss Salad w/ Dressing Strawberries Frozen Fruit Milk Choice	Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Baked Potato Bar w/ Chili & Cheese Cup, Sour Cream & Saltine Crackers & Croutons OR Pizza Cole Slaw Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion OR Pizza Baked Sweet Potato Fries Baked Beans Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice
Line 2		Chicken Fajita w/ Cheese Cup Salsa and Sour Cream Lettuce & Diced Tomatoes Refried Beans Steamed Carrots Toss Salad w/ Dressing Saltines Crackers/Croutons Strawberries Frozen Fruit Milk Choice	Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Hotdog on WG Bun w/ Chili OR Burrito w/ Salsa, Cheese Cup & Sour Cream Lettuce & Diced Tomato Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice	Taco Soup w/ Tortilla Chips, Cheese & Sour Cream Cheesy Bread Sticks Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice
Line 3	 NO SCHOOL	Hot Ham & Cheese on WG Bun WG Chips Refried Beans Steamed Carrots Toss Salad w/ Dressing Strawberries Frozen Fruit Milk Choice	Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Hotdog on WG Bun w/ Chili OR Burrito w/ Salsa, Cheese Cup & Sour Cream Lettuce & Diced Tomato Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice	Taco Soup w/ Tortilla Chips, Cheese & Sour Cream Cheesy Bread Sticks Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**EVERY STUDENT'S LUNCH TRAY MUST HAVE 1/2 CUP OF FRUIT OR VEGETABLE ON IT.**

Students must have a lunch from home or school to be eligible to purchase the following items:

**Every day:** 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

**Thursdays :** Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on

**Fridays** for \$.75. **NO CHARGING** will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines.



**School Payments Made Easy**

From the cafeteria to the classroom, pay anytime, anywhere from your computer or