






April



**Breakfast Menu
2018 - 2019**

April 21, 2019

START YOUR DAY WITH BREAKFAST
PLAIN BISCUIT OR CEREAL WILL BE A CHOICE DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>SPRING BREAK APRIL 1ST – 5TH NO SCHOOL</p>				
 No School April 8th	<u>Choose 1 Entrée</u> Sausage Biscuit Cheese Toast Applesauce / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Cinnamon Rolls Cereal Choice Yogurt Strawberries / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Chicken Biscuit Egg & Cheese Croissant Blueberries / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Biscuit Pop Tart Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice
<u>Choose 1 Entrée</u> French Toast Sticks Cereal Choice Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Pancake Sausage on Stick Yogurt Parfait w/ Graham Cracker Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Sausage Biscuit Cheese Toast Peaches / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Chicken Biscuit Pop Tart Yogurt Spiced Apples / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Egg & Sausage Burrito Cinnamon Rolls Blueberries / Fresh Fruit / Juice Choice Milk Choice
<u>Choose 1 Entrée</u> Pancakes Cheese Toast Raisins / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Chicken Biscuit Cinnamon Toast Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Biscuit Cereal Choice Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Sausage Biscuit Pop Tart Yogurt Strawberries / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Egg & Cheese Croissant Yogurt Parfait w/ Graham Cracker Spiced Apples / Fresh Fruit / Juice Choice Milk Choice
<u>Choose 1 Entrée</u> Pancake Sausage on Stick Cinnamon Toast Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice	<u>Choose 1 Entrée</u> Sausage Biscuit Cheese Toast Applesauce / Fresh Fruit / Juice Choice Milk Choice	 ½ cup of fruit/juice must be on your plate.		

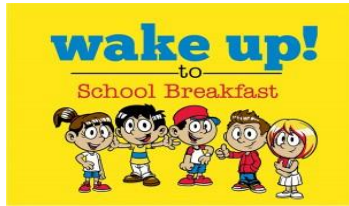
Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious.

Help your child make good choices. Students must have a breakfast from home or school and no charges to be eligible to purchase the following item: String Cheese every day for \$.50



School Payments Made Easy
 From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org

Walker County Schools



April

**Breakfast Menu
2018 - 2019**

START YOUR DAY WITH BREAKFAST

PLAIN BISCUIT OR CEREAL WILL BE A CHOICE DAILY

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

This institution is an equal opportunity provider.

April 21, 2019