



RIDGELAND HIGH SCHOOL

February 4 – 8, 2019

WEEK 1



	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Line 1	Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice	TACO TUESDAY Pizza OR Taco w/ Crispy Shell & Cheese Cup & Salsa & Sour Cream Lettuce & Diced Tomatoes Refried Beans Corn Apricots Fresh Fruit Milk Choice	Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Peaches Fresh Fruit Blueberry Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice
Line 2	Teriyaki Chicken WG Roll Broccoli w/ Cheese Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice	Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Baked Sweet Potatoes Fries Corn Apricots Fresh Fruit Milk Choice	Lasagna w/ WG Roll OR Pizza Veggie Dippers Green Beans Creamed Potatoes Tossed Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Peaches Fresh Fruit Blueberry Crisp Milk Choice	Corndog OR Vegetable Beef Soup w/ Grilled Cheese Sandwich Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice
Line 3	Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice	TACO TUESDAY Pizza OR Taco w/ Crispy Shell & Cheese Cup & Salsa & Sour Cream Lettuce & Diced Tomatoes Refried Beans Corn Apricots Fresh Fruit Milk Choice	Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Peaches Fresh Fruit Blueberry Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

This institution is an equal opportunity provider.

EVERY STUDENT'S TRAY MUST AT LEAST

1/2 CUP FRUIT OR VEGGIE ON IT.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90.

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



Go to
www.myschoolapps.com

School Payments Made Easy
From the cafeteria to the classroom,
pay anytime, anywhere from your
computer or smartphone at
walkerschools.org