







LAFAYETTE HIGH SCHOOL

February 18 – 22, 2019

Week 3



	Monday 18 ^h	Tuesday 19 th	Wednesday 20 th	Thursday 21 st	Friday 22 nd
Line 1	<p style="text-align: center;">Winter Break</p>  <p style="text-align: center;">Monday & Tuesday</p>			Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Refried Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Pizza or Cheeseburger on WG Bun WG Chip Lettuce & Tomato & Onions Baked Sweet Potatoes Fries Baked Beans Carrots w/ Dip Caesar Salad Pears Frozen Fresh Fruit Milk Choice
Line 2				Chicken Fajita w/ Cheese Cup Salsa and Sour Cream Lettuce & Diced Tomatoes Refried Beans Steamed Carrots Toss Salad w/ Dressing Saltines Crackers/Croutons Applesauce Frozen Fruit Milk Choice	Taco Soup W/ Tortilla Chips & Cheesy Bread Sticks Cheese Cup & Sour Cream Carrots w/ Dip Caesar Salad Pears Frozen Fresh Fruit Milk Choice
Line 3				Hot Ham & Cheese on WG Bun WG Chips Refried Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Taco Soup W/ Tortilla Chips & Cheesy Bread Sticks Cheese Cup & Sour Cream Carrots w/ Dip Caesar Salad Pears Frozen Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**EVERY STUDENT'S LUNCH TRAY MUST HAVE
1/2 CUP OF FRUIT OR VEGETABLE ON IT.**

Students must have a lunch from home or school to be eligible to purchase the following items:
Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and
WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.
 Students must follow the WC School Nutrition guidelines.



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