



LaFAYETTE HIGH SCHOOL

FEBRUARY 11 – 15, 2019



WEEK 2

	Monday 11th	Tuesday 12th	Wednesday 13rd	Thursday 14th	Friday 15th
Line 1	Pizza OR Burrito w/ Cheese Cup w/ Sour Cream Lettuce & Diced Tomatoes Salsa Refried Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ Lettuce & Tomato OR Pizza Baked Beans Cole Slaw Carrots w/ Dip Apricots Fresh Fruit Ice Cream Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing OR Pizza Corn Green Beans Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ WG Chips & Lettuce & Tomato OR Pizza Baked Beans Corn Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun OR Turkey & Cheese on WG Bun WG Chips Lettuce, Tomato, Onion Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 2	Chicken Pot Pie WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Apricots Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream Salsa OR Chicken on WG Bun Lettuce & Tomatoes Salsa Refried Beans Fries Toss Salad w/ Dressing Croutons/Saltine Crackers Strawberries Fresh Fruit Milk Choice	Corndog OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Chicken Noodle Soup w/ Cheesy Bread Sticks OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 3	Ham & Cheese on WG Bun WG Chips Lettuce & Tomato Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Apricots Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream OR Chicken on WG Bun Lettuce & Tomatoes Salsa Refried Beans Fries Toss Salad w/ Dressing Croutons/Saltine Crackers Strawberries Fresh Fruit Milk Choice	Corndog OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun OR Turkey & Cheese on WG Bun WG Chips Lettuce, Tomato & Onions Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



**EVERY STUDENT'S TRAY MUST AT LEAST
1/2 CUP FRUIT OR VEGGIE ON IT.**



NEW

Have you fill at your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to www.myschoolapps.com



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org