






RIDGELAND HIGH SCHOOL

January 21 – 25, 2019



WEEK 2

	Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
Line 1	 <p>HOLIDAY No School</p>	Pizza OR Burrito w/ Cheese Cup w/ Salsa & Sour Cream Lettuce & Diced Tomatoes Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Strawberries Fresh Fruit Milk Choice Ice Cream	Corndog OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun OR Turkey & Cheese on WG Bun WG Chips Lettuce, Tomato & Onions Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 2	 <p>Your plate must have at least 1/2 cup fruit or veggie on it.</p>	Chicken Pot Pie WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing OR Pizza Corn Green Beans Strawberries Fresh Fruit Milk Choice Ice Cream	Deli Ham & Cheese on WG Bun w/ WG Chips & Lettuce & Tomato OR Pizza Glazed Carrots Baked Beans Corn Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Chicken Noodle Soup w/ Cheesy Bread Sticks OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 3	 <p>HOLIDAY No School</p>	Ham & Cheese on WG Bun WG Chips Lettuce & Tomato Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Strawberries Fresh Fruit Milk Choice Ice Cream	Corndog OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun OR Turkey & Cheese on WG Bun WG Chips Lettuce, Tomato & Onions Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.
This institution is an equal opportunity provider.

EVERY STUDENT'S TRAY MUST AT LEAST
1/2 CUP FRUIT OR VEGGIE ON IT.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines.



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org



Go to www.myschoolapps.com