



LaFAYETTE HIGH SCHOOL

JANUARY 14 - 18, 2019

WEEK 1



| | Monday 14th | Tuesday 15th | Wednesday 16th | Thursday 17th | Friday 18th |
|---------------|---|---|---|--|--|
| Line 1 | Teriyaki Chicken WG Roll Broccoli w/ Cheese Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice | Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Baked Sweet Potatoes Fries Corn Apricots Fresh Fruit Milk Choice | Lasagna w/ WG Roll OR Pizza Veggie Dippers Green Beans Creamed Potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice | Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice | Chicken on WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice |
| Line 2 | Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice | <u>TACO TUESDAY</u> Pizza OR Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Salsa Refried Beans Corn Apricots Fresh Fruit Milk Choice | Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice | BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Peaches Fresh Fruit Blueberry Crisp Milk Choice | Corndog OR Vegetable Beef Soup w/ Grilled Cheese Sandwich Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice |
| Line 3 | Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice | <u>TACO TUESDAY</u> Pizza OR Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Salsa Refried Beans Corn Apricots Fresh Fruit Milk Choice | Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice | BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Peaches Fresh Fruit Blueberry Crisp Milk Choice | Chicken on WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice |

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



**EVERY STUDENT'S TRAY MUST AT LEAST
1/2 CUP FRUIT OR VEGGIE ON IT.**



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org