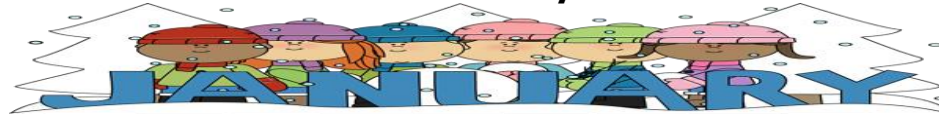




Happy
New
Year!

Walker County Schools



Welcome Back To School
We have missed you

Elementary School Lunch Menu 2018 -2019

Start this new year
with making healthy choices.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| <p>Your plate must have at least 1/2 cup fruit or veggie on it.</p> | <p>NEW Have you filled out your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to www.myschoolapps.com</p> | <p>School Payments Made Easy From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org</p> | <p>3</p> | <p>4</p> |
| <p>WELCOME BACK!!! Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 7</p> | <p>Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 8</p> | <p>Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice 9</p> | <p>Hotdog w/Chili OR Chili w/ Grilled Cheese Sandwich Cole Slaw Fries Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice 10</p> | <p>Hamburger on WG Bun w/ Lettuce, Tomato, Onion OR Taco Soup w/ Tortilla Chips & Cheesy Bread Stick & Cheese Cup & Sour Cream Carrots w/ Ranch Dressing Caesar Salad Pears Fresh Fruit Milk Choice 11</p> |
| <p>Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Choice Mixed Fruit Frozen Fruit Milk Choice 14</p> | <p>TACO TUESDAY Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Refried Beans Lettuce & Tomato Apricots Fresh Fruit Milk Choice 15</p> | <p>Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 16</p> | <p>BBQ on WG Bun OR Fish w/ tartar sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Peaches Fresh Fruit Blueberry Crisp Milk Choice 17</p> | <p>Chicken on WG Bun w/ Lettuce & Tomato OR Vegetable Beef Soup w/ Grilled Cheese Sandwich Carrots w/ Dip Fries Toss Salad w/ Dressing Choice Raisins Fruit Choice Milk Choice 18</p> |
| <p>NO SCHOOL HOLIDAY 21</p> | <p>Pizza OR Burrito w/ Sour Cream Green Beans Caesar Salad Carrots w/ Dip Applesauce Frozen Fruit Milk Choice 22</p> | <p>Cheesy Mac & Cheese Pintos OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Strawberries Fresh Fruit Ice Cream Milk Choice 23</p> | <p>Corn Dog OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 24</p> | <p>Fish Nuggets w/ Hushpuppies & Tartar Sauce OR Chicken Noodle Soup w/ Cheesy Bread Stick Veggies w/ Ranch Dressing Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice 25</p> |
| <p>Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 28</p> | <p>Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 29</p> | <p>Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice 30</p> | <p>Hotdog w/Chili OR Chili w/ Grilled Cheese Sandwich Cole Slaw Fries Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice 31</p> | <p>This institution is an equal opportunity provider</p> |

Students must have a lunch from home or school to be eligible to purchase the following items:

12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90, WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD