

Walker County Schools



Middle School Lunch Menu 2017 – 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p>START THE NEW SCHOOL YEAR OFF RIGHT BY EATING HEALTHY</p>		<p>Hotdog w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Fries Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">3</p>	<p>Cheese Sticks w/ Marinara Sauce OR Chicken Wrap w/ Lettuce and Tomato Refried Beans Carrots w/ Dip Caesar Salad Croutons/Saltines Crackers Pears Fresh Fruit Milk Choice</p> <p style="text-align: right;">4</p>
<p>Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Carrots w/ Dip Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice</p> <p style="text-align: right;">7</p>	<p>Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">8</p>	<p>Hamburger on WG Bun OR Taco's w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Lettuce & Tomato Refried Beans Dried Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">9</p>	<p>BBQ Pork on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Choice Raisins Fresh Fruit Blueberry Crisp Milk Choice</p> <p style="text-align: right;">10</p>	<p>Chicken on WG Bun OR Turkey & Cheese on WG Bun Toss Salad w/ Dressing Choice Lettuce & Tom Steamed Carrots Fries Pears Fresh Fruit Milk Choice</p> <p style="text-align: right;">11</p>
<p>Pizza OR Burrito w/ Sour Cream Green Beans Caesar Salad Carrots w/ dip Applesauce Frozen Fruit Milk Choice</p> <p style="text-align: right;">14</p>	<p>Mac & Cheese Pintos OR Black-eyed Peas Corn Bread Cole Slaw Okra Sweet Potatoes Tossed Salad w/ Dressing Choice Dried Mixed Fruit Fresh Fruit Ice Cream Milk Choice</p> <p style="text-align: right;">15</p>	<p>Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Croutons/Saltines Crackers Raisins Fresh Fruit Milk Choice</p> <p style="text-align: right;">16</p>	<p>Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">17</p>	<p>Hamburger on WG Bun OR Turkey & Cheese on WG Bun Lettuce, Tomato, Onion, Veggies w/ Ranch Dressing Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice</p> <p style="text-align: right;">18</p>
<p>Far Out Chicken Fajita & Cheese Cup w/ Seismic Sour Cream and Satellite Salsa OR NASA Pluto Pizza Comet Steamed Carrots Solar Toss Salad w/ Dressing Asteroid Applesauce Rocket Ship Frozen Fruit Milkyway Milk Choice</p> <p style="text-align: right;">21</p>	<p>Pork Roast w/ Gravy OR Chicken Nuggets WG Roll Mixed Veggies Broccoli/Cheese Toss Salad w/ Dressing Choice Dried Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">22</p>	<p>Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice</p> <p style="text-align: right;">23</p>	<p>Hotdog w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Fries Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">24</p>	<p>Cheese Sticks w/ Marinara Sauce OR Chicken Wrap w/ Lettuce and Tomato Refried Beans Carrots w/ Dip Caesar Salad Croutons/Saltines Crackers Pears Fresh Fruit Milk Choice</p> <p style="text-align: right;">25</p>
<p>Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Carrot w/ dip Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice</p> <p style="text-align: right;">28</p>	<p>Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">29</p>	<p>Hamburger on WG Bun OR Taco's w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Lettuce & Tomato Refried Beans Dried Mix Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">30</p>	<p>BBQ Pork on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Choice Raisins Fresh Fruit Blueberry Crisp Milk Choice</p> <p style="text-align: right;">31</p>	 <p>Your lunch tray must have at least ½ cup of Fruit or Veggie on it</p>

Students must have a lunch from home or school to be eligible to purchase the following items:

20 oz. Bottle Water every day for \$1.00, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.

This institution is an equal opportunity provider.

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MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD