



RIDGELAND HIGH SCHOOL



August 3 - 4, 2017

Week 3

	Monday July 31st	Tuesday 1st	Wednesday 2nd	Thursday 3 rd 1 st day of school	Friday 4th
Line 1				Hotdog on WG Bun w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Baked Beans Fries Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion Baked Sweet Potato Fries Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice
Line 2				Baked Potato Bar w/ Chili & Cheese Cup, Sour Cream & Saltines Crackers & Croutons OR Pizza Cole Slaw Baked Beans Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice	Cheesy Bread Sticks w/ Marinara Sauce OR Chicken Wrap w/ Lettuce & Tomato Croutons/Saltines Crackers Carrots w/ Dip Refried Beans Caesar Salad Pears Fresh Fruit Milk Choice
Line 3				Hotdog on WG Bun w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Baked Beans Fries Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion Baked Sweet Potato Fries Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines.



Every tray must have 1/2 cup of fruit or vegetable on it.