



RIDGELAND HIGH SCHOOL

SEPTEMBER 16 - 20, 2019



WEEK 1

	Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th	Friday 20th
Line 1	Baked Lasagna w/ WG Roll OR Cheeseburger on WG Bun w/ Lettuce, Tomato & Onions Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice	TACO TUESDAY Taco w/ Crispy Shell & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Corn Salsa Applesauce Fresh Fruit Milk Choice	Chicken Nuggets WG Roll Green Beans Creamed Potatoes Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice	Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Fries Tossed Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Carrots w/ Dip Tossed Salad w/ Dressing WG Chips Raisins Fresh Fruit Milk Choice
Line 2	Teriyaki Chicken WG Roll Steamed Carrots Broccoli w/ Cheese Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice	Pizza OR Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Baked Sweet Potatoes Fries Corn Applesauce Fresh Fruit Milk Choice	Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Green Beans Creamed Potatoes Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Fries Tossed Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice	Corndog OR Ham & Cheese on WG Bun Carrots w/ Dip Tossed Salad w/ Dressing WG Chips Raisins Fresh Fruit Milk Choice
Line 3	Baked Lasagna w/ WG Roll OR Cheeseburger on WG Bun w/ Lettuce, Tomato & Onions Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice	TACO TUESDAY Taco w/ Crispy Shell & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Corn Salsa Applesauce Fresh Fruit Milk Choice	Chicken Nuggets WG Roll Green Beans Creamed Potatoes Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice	Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Fries Tossed Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Carrots w/ Dip Tossed Salad w/ Dressing WG Chips Raisins Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

This institution is an equal opportunity provider.



Students must have a lunch from home or school to be eligible to purchase the following items: Every day: 20 oz. Bottle Water for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines

EVERY STUDENT'S TRAY MUST AT LEAST ½ CUP FRUIT OR VEGGIE ON IT.



School Payments Made Easy
 From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org