



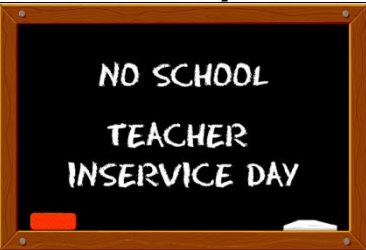


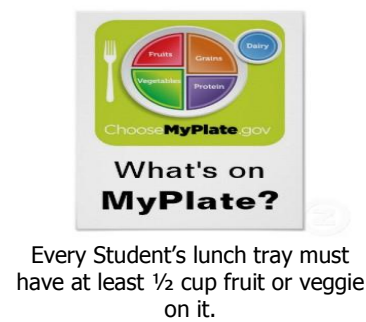





RIDGELAND HIGH SCHOOL

October 9 -13, 2017

WEEK 1



	Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th
Line 1	 October 9 th & 10th	 October 9 th & 10th		BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Raisins Fresh Fruit Blueberry Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Fruit Mix Fresh Fruit Milk Choice
Line 2	 October 9 th & 10th	 October 9 th & 10th		Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Raisins Fresh Fruit Blueberry Crisp Milk Choice	Corndog OR Turkey and Cheese on WG Bun w/ Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Fruit Mix Fresh Fruit Milk Choice
Line 3	 October 9 th & 10th			BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Raisins Fresh Fruit Blueberry Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Fruit Mix Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

EVERY STUDENT'S TRAY MUST AT LEAST HAVE 1/2 CUP OF FRUIT OR VEGGIE ON IT

This institution is an equal opportunity provider.



Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.