



# RIDGELAND HIGH SCHOOL

## MAY 14 – 18, 2018

WEEK 1



14	Monday 14th	Tuesday 15th	Wednesday 16 <sup>th</sup>	Thursday 17th	Friday 18th
<b>Line 1</b>	Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Carrots w/ Dip Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Pizza OR Taco w/ Crispy Shell & Cheese Cup & Salsa & Sour Cream Lettuce & Diced Tomatoes Refried Beans    Corn Tossed Salad w/ Dressing Strawberries    Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans    Cole Slaw Tossed Salad w/ Dressing Pears Fresh Fruit Apple Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Blueberries Fresh Fruit Milk Choice
<b>Line 2</b>	Teriyaki Chicken WG Roll Broccoli w/ Cheese Carrots w/ Dip Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Lasagna w/ WG Roll OR Pizza Veggie Dippers Green Beans Creamed Potatoes Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Baked Sweet Potatoes Fries Corn Tossed Salad w/ Dressing Strawberries    Fresh Fruit Milk Choice	Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans    Cole Slaw Tossed Salad w/ Dressing Pears    Fresh Fruit Apple Crisp Milk Choice	Corndog OR Ham & Cheese On WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Blueberries Fresh Fruit Milk Choice
<b>Line 3</b>	Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Carrots w/ Dip Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Pizza OR Taco w/ Crispy Shell & Cheese Cup & Salsa & Sour Cream Lettuce & Diced Tomatoes Refried Beans    Corn Tossed Salad w/ Dressing Strawberries    Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans    Cole Slaw Tossed Salad w/ Dressing Pears Fresh Fruit Apple Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Carrots w/ Dip Tossed Salad w/ Dressing Blueberries Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.  
EVERY STUDENT'S TRAY MUST AT LEAST HAVE ½ CUP OF FRUIT OR VEGGIE ON IT.**

**This institution is an equal opportunity provider.**



**Students must have a lunch from home or school to be eligible to purchase the following items:**

**Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.**

**Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.**

**NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.**