



RIDGELAND HIGH SCHOOL

MARCH 2 - 6, 2020

Week 1



	Monday 2th	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
Line 1	Teriyaki Chicken Roll OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Baked Lasagna w/ Roll OR Cheeseburger on WG Bun w/ Lettuce, Tomato & Onions Fries Steamed Carrots Tossed Salad w/ Dressing Peaches Fresh Fruit Milk Choice Blueberry Crisp	Taco w/ Crispy Shell & Cheese Cup & Sour Cream Salsa Lettuce & Diced Tomatoes Refried Beans Corn Strawberries Fresh Fruit Milk Choice	Chicken Nuggets OR BBQ Pork Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice	Chicken on WG Bun Lettuce & Tomato OR Corndog Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice
Line 2	Pizza OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Chef Salad w/ Turkey & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Broccoli w/ Cheese Steamed Carrots Tossed Salad w/ Dressing Peaches Fresh Fruit Milk Choice Blueberry Crisp	Pizza OR Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Sweet Potatoes Fries Corn Strawberries Fresh Fruit Milk Choice	Chicken Nuggets w/ Roll OR Pizza Green Beans Cream Potatoes Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice	Corndog OR Ham & Cheese on WG Bun Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice
Line 3	Teriyaki Chicken Roll OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Baked Lasagna w/ Roll OR Cheeseburger on WG Bun w/ Lettuce, Tomato & Onions Fries Steamed Carrots Tossed Salad w/ Dressing Peaches Fresh Fruit Milk Choice Blueberry Crisp	Taco w/ Crispy Shell & Cheese Cup & Sour Cream Salsa Lettuce & Diced Tomatoes Refried Beans Corn Strawberries Fresh Fruit Milk Choice	Chicken Nuggets OR BBQ Pork Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice	Chicken on WG Bun Lettuce & Tomato OR Corndog Fries Carrots w/ Dip Tossed Salad w/ Dressing Raisins Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

EVERY STUDENT'S LUNCH TRAY MUST HAVE 1/2 CUP OF FRUIT OR VEGETABLE ON IT.

*** We have changed our homemade rolls from whole grain to enriched white.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and

WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org