



Ridgeland High School Lunch



DECEMBER 1, 2017

WEEK 1

Lines	Monday	Tuesday	Wednesday	Thursday	Friday 1st
Line 1					Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice
Line 2					Corndog OR Bowl of Chili w/ Toasted Cheese Sandwich & Saltine Crackers Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice
Line 3	SCHOOL LUNCH WHAT'S COOKING? Every student's tray must have at least 1/2 cup of Veggie or Fruit on it.				Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILTY OF FOOD



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on **Fridays** for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.