

Walker County Schools



Make good and healthy choices.

Elementary School Lunch Menu 2019 – 2020

Do an act of Kindness. Help one Person Smile on World Smile Day Oct. 4th

Monday	Tuesday	Wednesday	Thursday	Friday
 Your lunch tray must have at least ½ cup of Fruit or Veggie on it	Chicken Nuggets OR Turkey Sliced w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice 1	Hotdog w/ Chili OR Burrito w/ Sour Cream & Salsa Cole Slaw Refried Beans Fries Toss Salad w/ Dressing Choice Strawberries Fresh Fruit WG Choc Chip Cookie Milk Choice 2	Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice 3	Hamburger on WG Bun Lettuce, Tomato & Onion OR Taco Soup w/ Tortilla Chips & Cheesy Bread Stick & Cheese Cup & Sour Cream Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice 4
Teriyaki Chicken OR Baked Lasagna WG Rolls Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Choice Mixed Fruit Frozen Fruit Milk Choice 7	TACO TUESDAY Hamburger on WG Bun w/ Lettuce, Tomato & Onion OR Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Applesauce Fresh Fruit Milk Choice 8	Chicken Nuggets w/ WG Roll OR Pizza Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Blueberries Fresh Fruit Milk Choice 9	BBQ on WG Bun OR Fish on WG Bun w/ Tartar Sauce Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Choice Peaches Fresh Fruit Apple Crisp Milk Choice 10	Chicken on WG Bun OR Ham & Cheese on WG Bun Lettuce & Tomato Carrots w/ Dip WG Chips Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice 11
HAPPY NATIONAL LUNCH WEEK OCTOBER 14 – 18, 2019				
 NO SCHOOL 14	 15	Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 16	Cheesy Mac & Cheese Pintos OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Strawberries Fresh Fruit Ice Cream Milk Choice 17	Taco Bake w/ WG Roll OR Turkey & Cheese on WG Bun w/ Lettuce & Tomato Corn Sweet Potato Fries Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice 18
Pizza OR Sweet & Sour Chicken on Rice w/ WG Roll Carrots w/ Dip Green Beans Caesar Salad Raisins Frozen Fruit Milk Choice 21	Chicken Nuggets OR Turkey Sliced w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice 22	Chicken on WG Bun w/ Lettuce & Tomato OR Burrito w/ Sour Cream & Salsa Refried Beans Fries Toss Salad w/ Dressing Choice Strawberries Fresh Fruit WG Choc Chip Cookie Milk Choice 23	Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice 24	<u>Special Olympics Day at LHS</u> Hamburger on WG Bun w/ Lettuce, Tomato & Onion OR Hotdog w/ Chili WG Chips Cole Slaw Baby Carrots w/ Dip Applesauce Fresh Fruit Milk Choice 25
Teriyaki Chicken OR Baked Lasagna WG Rolls Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Choice Mixed Fruit Frozen Fruit Milk Choice 28	TACO TUESDAY Hamburger on WG Bun w/ Lettuce, Tomato & Onion OR Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Pears Fresh Fruit Milk Choice 29	Chicken Nuggets w/ WG Roll OR Pizza Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Blueberries Fresh Fruit Milk Choice 30	 BBQ on WG Bun OR Fish on WG Bun w/ Tartar Sauce Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Choice Peaches Fresh Fruit Apple Crisp Milk Choice 31	 School Payments Made Easy from your computer or smartphone at walkerschools.org

Students must have a lunch from home or school to be eligible to purchase the following items:

12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

This institution is an equal opportunity provider.



Have you fill at your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast.

Go to www.myschoolapps.com