

Walker County Schools



Middle School Lunch Menu 2018 – 2019

October 5th

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Go to www.myschoolapps.com</p>	<p>October 15 - 19</p>	<p>Your lunch tray must have at least ½ cup serving of Fruit or Veggie on it</p>		<p>Schoo/Payments Made Easy at walkerschools.org</p>
Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Carrots w/ Dip Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 1	TACO TUESDAY Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Refried Beans Lettuce & Tomato Peaches Fresh Fruit Milk Choice 2	Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 3	BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Pears Fresh Fruit Apple Crisp Milk Choice 4	Cheesy Bread Sticks w/ Beefy Marinara Sauce OR Turkey & Cheese on WG Bun w/ Lettuce, Tomato, Onion, Veggies w/ Ranch Dressing Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice 5
Monday & Tuesday Oct 8 th & 9 th 		October 10 th 	Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 11	Chicken on WG Bun OR Ham & Cheese on WG Bun Lettuce & Tomato Steamed Carrots Fries Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice 12
HAPPY NATIONAL LUNCH WEEK OCTOBER 15 – 17, 2018				
Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 15	Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 16	Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice 17	Taco Soup w/ Tortilla Chips & Cheesy Bread Sticks & Cheese Cup & Sour Cream OR Turkey & Cheese on WG Bun w/ Lettuce Tomato & Fries Refried Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice 18	Special Olympics Day Hamburger on WG Bun w/ Lettuce, Tomato & Onion OR Hotdog w/ Chili WG Chips Cole Slaw Carrots w/ Dip Applesauce Fresh Fruit Milk Choice 19
Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Carrots w/ Dip Toss Salad w/ Dressing Choice Mixed Fruit Frozen Fruit Milk Choice 22	TACO TUESDAY Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Refried Beans Lettuce & Tomato Peaches Fresh Fruit Milk Choice 23	Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 24	BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Pears Fresh Fruit Apple Crisp Milk Choice 25	Chicken on WG Bun OR Ham & Cheese on WG Bun Lettuce & Tomato Steamed Carrots Fries Toss Salad w/ Dressing Choice Blueberries Fresh Fruit Milk Choice 26
Pizza OR Burrito w/ Sour Cream Green Beans Caesar Salad Carrots w/ Dip Applesauce Frozen Fruit Milk Choice 29	Georgia Apple Day Mac & Cheese Pintos OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Corn Bread Peaches Fresh Fruit Ice Cream Milk Choice 30	Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 31	Students must have a lunch from home or school to be eligible to purchase the following items 12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. NO CHARGING will be allowed for these items or any extra food ales. Students must follow the WC School Nutrition guidelines This institution is an equal opportunity provider. MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD	