



1st Day of Spring
March 20th

Walker County Schools



Middle School Lunch Menu
2018 -2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Your plate must have at least 1/2 cup fruit or veggie on it.</p>	<p>School Payments Made Easy From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org</p>	<p>NEW Have you fill at your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to www.myschoolapps.com</p>	<p>March 2nd</p>	<p>Dr. Seuss' Birthday Celebration Chicken on WG Bun OR Ham & Cheese on WG Bun Lettuce & Tomato Carrots w/ Dip Fries Toss Salad w/ Dressing Choice Raisins Fresh Fruit Birthday Cake Milk Choice 1</p>
<p>Pizza OR Burrito w/ Sour Cream Carrots w/ Dip Green Beans Caesar Salad Applesauce Frozen Fruit Milk Choice 4</p>	<p>Cheesy Mac & Cheese Pintos OR Black-eyed Peas Cole Slaw Okra Sweet Potatoes Corn Bread Apricots Fresh Fruit Ice Cream Milk Choice 5</p>	<p>Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 6</p>	<p>Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 7</p>	<p>Cheesy Bread Sticks w/ Beefy Marinara Sauce OR Turkey & Cheese on WG Bun Lettuce & Tomato Veggies w/ Ranch Dressing Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice 8</p>
<p>Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 11</p>	<p>Chicken Nuggets OR Turkey sliced w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 12</p>	<p>Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice 13</p>	<p>Hotdog w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Fries Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice 14</p>	<p>Hamburger on WG Bun Lettuce, Tomato & Onion OR Taco Soup w/ Tortilla Chips & Cheesy Bread Stick & Cheese Cup & Sour Cream Refried Beans Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice 15</p>
<p>Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Choice Mixed Fruit Frozen Fruit Milk Choice 18</p>	<p>TACO TUESDAY Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Refried Beans Lettuce & Tomato Apricots Fresh Fruit Milk Choice 19</p>	<p>Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 20</p>	<p>BBQ on WG Bun OR Fish on WG Bun w/ Tartar Sauce Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Peaches Fresh Fruit Apple Crisp Milk Choice 21</p>	<p>Chicken on WG Bun OR Ham & Cheese on WG Bun Lettuce & Tomato Carrots w/ Dip Fries Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice 22</p>
<p>Pizza OR Burrito w/ Sour Cream Carrots w/ Dip Green Beans Caesar Salad Applesauce Frozen Fruit Milk Choice 25</p>	<p>Cheesy Mac & Cheese Pintos OR Black-eyed Peas Cole Slaw Okra Sweet Potatoes Corn Bread Apricots Fresh Fruit Ice Cream Milk Choice 26</p>	<p>Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 27</p>	<p>Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 28</p>	<p>Cheesy Bread Sticks w/ Beefy Marinara Sauce OR Turkey & Cheese on WG Bun Lettuce & Tomato Veggies w/ Ranch Dressing Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice 29</p>

Students must have a lunch from home or school to be eligible to purchase the following items: **20 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. NO CHARGING** will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines. MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. **This institution is an equal opportunity provider.**



Spring Break is April 1st – 5th and a Teacher In-service Day is April 8th. Students will return on Tuesday, April 9th. Enjoy your Spring Break.