



# Walker County Schools



## Middle School Lunch Menu 2019-2020

1<sup>st</sup> day of Spring March 19<sup>th</sup>

March 2<sup>nd</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Every lunch tray must have ½ cup serving of fruit or veggie on it.</p>		<p>School Payments Made Easy from your computer or smartphone at <a href="http://walkerschools.org">walkerschools.org</a></p>	<p>Eat healthy to do your best in Sports</p>
<p>Teriyaki Chicken w/ Roll <b>OR</b> Fish on WG Bun w/ Tartar Sauce Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 2</p>	<p>Pizza <b>OR</b> Baked Lasagna w/ Roll Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice Blueberry Crisp 3</p>	<p>Hamburger on WG Bun w/ Lettuce, Tomato &amp; Onion <b>OR</b> Taco w/ Crispy Shells &amp; Cheese Cup &amp; Sour Cream Lettuce &amp; Diced Tomatoes Refried Beans Salsa Strawberries Fresh Fruit Milk Choice 4</p>	<p>Chicken Nuggets <b>OR</b> BBQ Pork Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice 5</p>	<p>Chicken on WG Bun <b>OR</b> Ham &amp; Cheese on WG Bun Lettuce &amp; Tomato Carrots w/ Dip Fries Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice 6</p>
<p>Chicken Fajita &amp; Cheese Cup w/ Sour Cream and Salsa <b>OR</b> Pizza Corn Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 9</p>	<p>Cheesy Mac &amp; Cheese Pintos Beans <b>OR</b> Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Strawberries Fresh Fruit Ice Cream Milk Choice 10</p>	<p>Quesadilla w/ Sour Cream <b>OR</b> Chicken on WG Bun Fries Refried Beans Salsa Lettuce &amp; Tomato Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice 11</p>	<p>Taco Bake w/ WG Roll <b>OR</b> Turkey &amp; Cheese on WG Bun w/ Lettuce &amp; Tomato Veggies w/ Ranch Dressing Sweet Potato Fries Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 12</p>	<p><b>Dr. Seuss Celebration</b> Corn Dog <b>OR</b> Fish Nuggets w/ Hushpuppies &amp; Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice Birthday Cake 13</p>
<p>Pizza <b>OR</b> Sweet &amp; Sour Chicken on Rice w/ Roll Carrots w/ Dip Green Beans Caesar Salad Applesauce Frozen Fruit Milk Choice 16</p>	<p>Chicken Nuggets <b>OR</b> Turkey Sliced w/ Gravy Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice 17</p>	<p>Hotdog w/ Chili <b>OR</b> Burrito w/ Sour Cream &amp; Salsa Cole Slaw Refried Beans Fries Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice WG Choc Chip Cookie 18</p>	<p><b>1<sup>st</sup> Day of Spring</b> Spaghetti w/ Meat Sauce w/ Roll <b>OR</b> Fish Nuggets w/ Hushpuppies &amp; Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice 19</p>	<p>Hamburger on WG Bun Lettuce, Tomato &amp; Onion <b>OR</b> Taco Soup w/ Tortilla Chips &amp; Cheesy Bread Stick &amp; Cheese Cup &amp; Sour Cream Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice 20</p>
<p>Teriyaki Chicken w/ Roll <b>OR</b> Fish on WG Bun w/ Tartar Sauce Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 23</p>	<p>Pizza <b>OR</b> Baked Lasagna w/ Roll Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice Blueberry Crisp 24</p>	<p>Hamburger on WG Bun w/ Lettuce, Tomato &amp; Onion <b>OR</b> Taco w/ Crispy Shells &amp; Cheese Cup &amp; Sour Cream Lettuce &amp; Diced Tomatoes Refried Beans Salsa Strawberries Fresh Fruit Milk Choice 25</p>	<p>Chicken Nuggets <b>OR</b> BBQ Pork Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice 26</p>	<p>Chicken on WG Bun <b>OR</b> Ham &amp; Cheese on WG Bun Lettuce &amp; Tomato Veggie Dippers WG Chips Raisins Fresh Fruit Milk Choice 27</p>

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY**

**PROVIDER.**

Students must have a lunch from home or school to be eligible to purchase the following items:  
Every day 20 oz. Bottle Water for \$1.00 and Switch Drink for \$1.00, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$ .90 and  
WG Choc Chip Cookie (1.85 oz.) on Fridays for \$ .75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines



March 30<sup>th</sup> -April 3<sup>rd</sup>