



LaFAYETTE HIGH SCHOOL

OCTOBER 2 - 6, 2017

Week 3



	Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th SPECIAL OLYMPICS DAY
Line 1	Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Refried Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Pizza OR Ham & Cheese on WG Bun Mixed Vegetables Broccoli / Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Corn Green Beans Toss Salad w/ Dressing Mixed Fruit Fresh Fruit WG Choc Chip Cookie Milk Choice	Baked Potato Bar w/ Chili & Cheese Cup, Sour Cream & Saltines Crackers & Croutons OR Pizza Baked Beans Cherry Tomatoes & Baby Carrots w/ Dip Caesar Salad Peaches Fresh Fruit Milk Choice	😊 World Smiley Day 😊 Cheeseburger on WG Bun WG Chips Lettuce & Tomato Veggie Dippers Baked Beans Applesauce Fresh Fruit Milk Choice
Line 2	Chicken Fajita w/ Cheese Cup Salsa and Sour Cream Lettuce & Diced Tomatoes Refried Beans Steamed Carrots Toss Salad w/ Dressing Saltines Crackers/Croutons Applesauce Frozen Fruit Milk Choice	Pork Roast w/ Gravy OR Chicken Nuggets WG Roll Mixed Vegetables Broccoli / Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Mixed Fruit Fresh Fruit WG Choc Chip Cookie Milk Choice	Cheesy Bread Sticks w/ Marinara Sauce OR Chicken On a WG Bun w/ Lettuce and Tomato Fries Carrots w/ Dip Refried Beans Caesar Salad Peaches Fresh Fruit Milk Choice	Hot Dog on WG Bun w/Chili OR Sloppy Joe On WG Bun WG Chips Cole Slaw Baked Beans Applesauce Fresh Fruit Milk Choice
Line 3	Hot Ham & Cheese on WG Bun WG Chips Refried Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Pork Roast w/ Gravy OR Chicken Nuggets WG Roll Mixed Vegetables Broccoli / Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Mixed Fruit Fresh Fruit WG Choc Chip Cookie Milk Choice	Cheesy Bread Sticks w/ Marinara Sauce OR Chicken On a WG Bun w/ Lettuce and Tomato Fries Carrots w/ Dip Refried Beans Caesar Salad Peaches Fresh Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato Baked Beans Veggie Dippers Applesauce Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD EVERY STUDENT'S TRAY MUST AT LEAST HAVE 1/2 CUP OF FRUIT OR VEGGIE ON IT.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales Students must follow the WC School Nutrition guide

