



LaFAYETTE HIGH SCHOOL

AUGUST 21 - 25, 2017

Week 3



| | Monday 21st | Tuesday 22nd | Wednesday 23rd | Thursday 24th | Friday 25th |
|---------------|--|---|--|--|---|
| Line 1 | Pluto Pizza OR Solar Chef Salad w/ Ham & Cheese & Moon Rock Croutons & Crackers w/ Dressing NASA Refried Beans Comet Steamed Carrots Solar Toss Salad w/ Dressing Asteroid Applesauce Rocket Ship Frozen Fruit Milky Way Milk Choice | Pizza OR Ham & Cheese on WG Bun Mixed Vegetables Broccoli / Cheese Toss Salad w/ Dressing Mixed Dried Fruit Fresh Fruit Milk Choice | Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice | Baked Potato Bar w/ Chili & Cheese Cup, Sour Cream & Saltines Crackers & Croutons OR Pizza Cole Slaw Baked Beans Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice | Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion Baked Sweet Potato Fries Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice |
| Line 2 | Far Out Chicken Fajita w/ Cheese Cup Satellite Salsa & Seismic Sour Cream Rocket Fuel Lettuce & Diced Tomatoes NASA Refried Beans Comet Steamed Carrots Solar Toss Salad w/ Dressing Moon Rock Croutons/Saltine Crackers Asteroid Applesauce Rocket Ship Frozen Fruit Milky Way Milk Choice | Pork Roast w/ Gravy OR Chicken Nuggets WG Roll Mixed Vegetables Broccoli / Cheese Toss Salad w/ Dressing Mixed Dried Fruit Fresh Fruit Milk Choice | Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice | Hotdog on WG Bun w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Baked Beans Fries Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice | Cheesy Bread Sticks w/ Marinara Sauce OR Chicken Wrap w/ Lettuce & Tomato Croutons/Saltines Crackers Carrots w/ Dip Refried Beans Caesar Salad Pears Fresh Fruit Milk Choice |
| Line 3 | Hot Meteorites Ham & Cheese on WG Bun Sun Chips NASA Refried Beans Comet Steamed Carrots Solar Toss Salad w/ Dressing Asteroid Applesauce Rocket Ship Frozen Fruit Milky Way Milk Choice | Pork Roast w/ Gravy OR Chicken Nuggets WG Roll Mixed Vegetables Broccoli / Cheese Toss Salad w/ Dressing Mixed Dried Fruit Fresh Fruit Milk Choice | Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice | Hotdog on WG Bun w/ Chili OR Sloppy Joe on WG Bun Cole Slaw Baked Beans Fries Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice | Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion Baked Sweet Potato Fries Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice |

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD
EVERY STUDENT'S TRAY MUST AT LEAST HAVE ½ CUP OF FRUIT OR VEGGIE ON IT.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**Students must have a lunch from home or school to be eligible to purchase the following items:
Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.**





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**Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.
NO CHARGING will be allowed for these items or any extra food sales.
Students must follow the WC School Nutrition guidelines.**