



# LaFAYETTE HIGH SCHOOL

## SEPTEMBER 9 - 13, 2019

Week 3



	<b>Monday 9<sup>th</sup></b>	<b>Tuesday 10<sup>th</sup></b>	<b>Wednesday 11<sup>th</sup></b>	<b>Thursday 12<sup>th</sup></b>	<b>Friday 13<sup>th</sup></b>
<b>Line 1</b>	Ham & Cheese on WG Bun w/ WG Chips Lettuce & Tomato <b>OR</b> Pizza Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Pizza <b>OR</b> Ham & Cheese on WG Bun Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice	Baked Potato Bar w/ Chili & Cheese Cup, Sour Cream & Saltine Crackers & Croutons <b>OR</b> Pizza Cole Slaw Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Strawberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Pizza <b>OR</b> Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Cheeseburger on WG Bun <b>OR</b> Turkey & Cheese on WG Bun WG Chips Lettuce & Tomato & Onion Sweet Potato Fries Baked Beans Caesar Salad Pears Fresh Fruit Milk Choice
<b>Line 2</b>	Sweet and Sour Chicken on Rice WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Chicken Nuggets <b>OR</b> Turkey sliced w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice	Hotdog on WG Bun w/ Chili <b>OR</b> Burrito w/ Salsa & Sour Cream Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Toss Salad w/ Dressing Strawberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Spaghetti w/ Meat Sauce & WG Roll <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Taco Soup w/ Cheese Cup & Tortilla Chips & Cheesy Bread Stick & Sour Cream Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice
<b>Line 3</b>	Sweet and Sour Chicken on Rice WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Chicken Nuggets <b>OR</b> Turkey sliced w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice	Hotdog on WG Bun w/ Chili <b>OR</b> Burrito w/ Salsa & Sour Cream Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Toss Salad w/ Dressing Strawberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Spaghetti w/ Meat Sauce & WG Roll <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Taco Soup w/ Cheese Cup & Tortilla Chips & Cheesy Bread Stick & Sour Cream Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**EVERY STUDENT'S LUNCH TRAY MUST HAVE 1/2 CUP OF FRUIT OR VEGETABLE ON IT.**

Students must have a lunch from home or school to be eligible to purchase the following items:  
**Every day:** 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.  
**Thursdays :** Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on **Fridays** for \$.75. **NO CHARGING** will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.



**School Payments Made Easy**  
 From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at [walkerschools.org](http://walkerschools.org)