



LaFAYETTE HIGH SCHOOL

SPETEMBER 16 - 20, 2019



WEEK 1

| | Monday 16th | Tuesday 17th | Wednesday 18th | Thursday 19th | Friday 20th |
|---------------|--|---|--|--|---|
| Line 1 | Teriyaki Chicken WG Roll Broccoli w/ Cheese Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice | Pizza OR Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Baked Sweet Potatoes Fries Corn Applesauce Fresh Fruit Milk Choice | Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Green Beans Creamed Potatoes Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice | Chef Salad w/ Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice | Corndog OR Ham & Cheese on WG Bun Carrots w/ Dip Tossed Salad w/ Dressing WG Chips Raisins Fresh Fruit Milk Choice |
| Line 2 | Baked Lasagna w/ WG Roll OR Cheeseburger on WG Bun w/ Lettuce, Tomato & Onions Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice | <u>TACO TUESDAY</u> Taco w/ Crispy Shell & Cheese Cup & Sour Cream Salsa Lettuce & Diced Tomatoes Refried Beans Corn Applesauce Fresh Fruit Milk Choice | Chicken Nuggets WG Roll Green Beans Creamed Potatoes Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice | BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice | Chicken on WG Bun Lettuce & Tomato Carrots w/ Dip Tossed Salad w/ Dressing WG Chips Raisins Fresh Fruit Milk Choice |
| Line 3 | Baked Lasagna w/ WG Roll OR Cheeseburger on WG Bun w/ Lettuce, Tomato & Onions Fries Steamed Carrots Tossed Salad w/ Dressing Mixed Fruit Frozen Fruit Milk Choice | <u>TACO TUESDAY</u> Taco w/ Crispy Shell & Cheese Cup & Sour Cream Salsa Lettuce & Diced Tomatoes Refried Beans Corn Applesauce Fresh Fruit Milk Choice | Chicken Nuggets WG Roll Green Beans Creamed Potatoes Toss Salad w/ Dressing Blueberries Fresh Fruit Milk Choice | BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Peaches Fresh Fruit Apple Crisp Milk Choice | Chicken on WG Bun Lettuce & Tomato Carrots w/ Dip Tossed Salad w/ Dressing WG Chips Raisins Fresh Fruit Milk Choice |

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



School Payments Made Easy
 From the cafeteria to the classroom, pay
 anytime, anywhere from your computer or
 smartphone at walkerschools.org



**EVERY STUDENT'S TRAY MUST AT LEAST
 1/2 CUP FRUIT OR VEGGIE ON IT.**