



# LaFAYETTE HIGH SCHOOL

## SPETEMBER 23 - 27, 2019



### WEEK 2

	Monday 23 <sup>rd</sup>	Tuesday 24 <sup>th</sup>	Wednesday 25 <sup>th</sup>	Thursday 26 <sup>th</sup>	Friday 27 <sup>th</sup>
<b>Line 1</b>	Pizza <b>OR</b> Hot Ham & Cheese on WG Bun w/ WG Chips Corn Steamed Carrots Toss Salad w/ Dressing Applesauce    Frozen Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ Lettuce & Tomato <b>OR</b> Pizza Baked Beans    Cole Slaw Carrots w/ Dip Strawberries Fresh Fruit Ice Cream Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing <b>OR</b> Pizza Corn    Green Beans Toss Salad w/ Dressing Peaches    Fresh Fruit Milk Choice	Turkey & Cheese on WG Bun <b>OR</b> Cheeseburger on WG Bun WG Chips Lettuce, Tomato, & Onions Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ WG Chips Lettuce & Tomato <b>OR</b> Pizza Baked Beans Corn Toss Salad w/ Dressing Pears    Fresh Fruit Milk Choice
<b>Line 2</b>	Chicken Pot Pie WG Roll Green Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans <b>OR</b> Black-eyed Peas Okra    Cole Slaw Sweet Potatoes Cornbread Strawberries    Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream & Salsa <b>OR</b> Chicken on WG Bun Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Croutons / Saltine Crackers Peaches    Fresh Fruit Milk Choice	Taco Bake w/ WG Roll Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Corn Dog <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Pears    Fresh Fruit Milk Choice
<b>Line 3</b>	Chicken Fajita w/ Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Salsa    Corn Steamed Carrots Toss Salad w/ Dressing Saltines Crackers/Croutons Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans <b>OR</b> Black-eyed Peas Okra    Cole Slaw Sweet Potatoes Cornbread Strawberries    Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream & Salsa <b>OR</b> Chicken on WG Bun Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Croutons/Saltine Crackers Peaches    Fresh Fruit Milk Choice	Taco Bake w/ WG Roll Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Corn Dog <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Pears    Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.**

**This institution is an equal opportunity provider.**

**Students must have a lunch from home or school to be eligible to purchase the following items:**

**Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.**

**Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90**

**Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.**

**NO CHARGING will be allowed for these items or any extra food sales.**

**Students must follow the WC School Nutrition guidelines**



**EVERY STUDENT'S TRAY MUST AT LEAST  
1/2 CUP FRUIT OR VEGGIE ON IT**



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