



# LAFAYETTE HIGH SCHOOL

## OCTOBER 15 - 19, 2018

Week 3



	<b>Monday 15<sup>th</sup></b>	<b>Tuesday 16<sup>th</sup></b>	<b>Wednesday 16<sup>th</sup></b>	<b>Thursday 18<sup>th</sup></b>	<b>Friday 19<sup>th</sup></b> <b>Special Olympics</b>
	<b>HAPPY NATIONAL LUNCH WEEK</b>				
<b>Line 1</b>	Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Refried Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Pizza OR Ham & Cheese on WG Bun Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers & Croutons w/ Dressing Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Pizza Baked Beans Carrots w/ Dip Corn Applesauce Fresh Fruit Milk Choice	Hotdog on WG Bun w/ Chili OR Cheeseburger on WG Bun w/ Lettuce & Tomato & Onion WG Chips Cole Slaw Carrots w/ Dip Applesauce Fresh Fruit Milk Choice
<b>Line 2</b>	Chicken Fajita w/ Cheese Cup Salsa and Sour Cream Lettuce & Diced Tomatoes Refried Beans Steamed Carrots Toss Salad w/ Dressing Saltines Crackers/Croutons Applesauce Frozen Fruit Milk Choice	Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Pizza OR Taco Soup W/ Tortilla Chips & Cheesy Bread Sticks Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Baked Potato Bar w/ Chili & Cheese Cup, Sour Cream & Saltine Crackers & Croutons OR Sloppy Joe on WG Bun w/ Fries Cole Slaw Cherry Tomatoes & Baby Carrots w/ Dip Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice
<b>Line 3</b>	Hot Ham & Cheese on WG Bun WG Chips Refried Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli w/ Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Blueberries Fresh Fruit WG Choc Chip Cookie Milk Choice	Pizza OR Taco Soup W/ Tortilla Chips & Cheesy Bread Sticks Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Hotdog on WG Bun w/ Chili OR Cheeseburger on WG Bun w/ Lettuce & Tomato & Onion WG Chips Cole Slaw Carrots w/ Dip Applesauce Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**EVERY STUDENT'S LUNCH TRAY MUST HAVE  
1/2 CUP OF FRUIT OR VEGETABLE ON IT.**

**Students must have a lunch from home or school to be eligible to purchase the following items:  
Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.**

**Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and  
WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.**

**NO CHARGING will be allowed for these items or any extra food sales.**



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**Students must follow the WC School Nutrition guidelines.**