



LaFAYETTE HIGH SCHOOL

OCTOBER 1 - 5, 2018

WEEK 1



	Monday 1st	Tuesday 2nd	Wednesday 3rd	Thursday 4th	Friday 5th
Line 1	Teriyaki Chicken WG Roll Broccoli w/ Cheese Carrots w/ Dip Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Cheeseburger on WG Bun Lettuce, Tomato & Onions WG Chips Baked Sweet Potatoes Fries Corn Peaches Fresh Fruit Milk Choice	Lasagna w/ WG Roll OR Pizza Veggie Dippers Green Beans Creamed Potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Pears Fresh Fruit Apple Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Blueberries Fresh Fruit Milk Choice
Line 2	Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Carrots w/ Dip Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	<u>TACO TUESDAY</u> Pizza OR Taco w/ Crispy Shell & Cheese Cup & Salsa & Sour Cream Lettuce & Diced Tomatoes Refried Beans Corn Peaches Fresh Fruit Milk Choice	Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Pears Fresh Fruit Apple Crisp Milk Choice	Corndog OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Fries Steamed Carrots Tossed Salad w/ Dressing Blueberries Fresh Fruit Milk Choice
Line 3	Cheeseburger on WG Bun Lettuce, Tomato & Onions OR Pizza Fries Carrots w/ Dip Tossed Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	<u>TACO TUESDAY</u> Pizza OR Taco w/ Crispy Shell & Cheese Cup & Salsa & Sour Cream Lettuce & Diced Tomatoes Refried Beans Corn Peaches Fresh Fruit Milk Choice	Chicken Nuggets WG Roll Green beans Creamed potatoes Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Pears Fresh Fruit Apple Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Blueberries Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



School Payments Made Easy
From the cafeteria to the classroom, pay
anytime, anywhere from your computer or
smartphone at walkerschools.org



EVERY STUDENT'S TRAY MUST AT LEAST



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1/2 CUP FRUIT OR VEGGIE ON IT.