


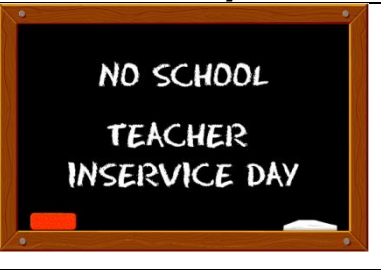

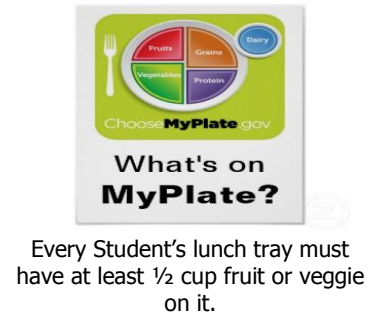



LaFAYETTE HIGH SCHOOL

OCTOBER 9 - 13, 2017

WEEK 1



	Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th
Line 1	 <p>Happy Fall Break!</p>	 <p>Happy Fall Oct. 9th & 10th</p>	 <p>NO SCHOOL TEACHER INSERVICE DAY</p>	<p>BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Raisins Fresh Fruit Blueberry Crisp Milk Choice</p>	<p>Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Fruit Mixed Fresh Fruit Milk Choice</p>
Line 2	 <p>Happy Fall Oct. 9th & 10th</p>	 <p>Fall Break</p>	 <p>What's on MyPlate? Every Student's lunch tray must have at least ½ cup fruit or veggie on it.</p>	<p>Chef Salad Ham & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Pizza Baked Beans Cole Slaw Tossed Salad w/ Dressing Raisins Fresh Fruit Blueberry Crisp Milk Choice</p>	<p>Corndog OR Turkey and Cheese on WG Bun w/ Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Fruit Mixed Fresh Fruit Milk Choice</p>
Line 3	 <p>Fall Break</p>	 <p>Happy Fall Break!</p>	 <p>NO SCHOOL TEACHER INSERVICE DAY</p>	<p>BBQ Pork on WG Bun OR Fish w/ Tatar Sauce on WG Bun Baked Beans Cole Slaw Tossed Salad w/ Dressing Raisins Fresh Fruit Blueberry Crisp Milk Choice</p>	<p>Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Tossed Salad w/ Dressing Fruit Mixed Fresh Fruit Milk Choice</p>

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

EVERY STUDENT'S TRAY MUST AT LEAST HAVE ½ CUP OF FRUIT OR VEGGIE ON IT.

This institution is an equal opportunity provider.



Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.