



# LaFAYETTE HIGH SCHOOL

## MARCH 9 - 13, 2020

### Menu WEEK -2



	Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13rd Dr. Seuss Celebration
<b>Line 1</b>	Pizza <b>OR</b> Hot Ham & Cheese on WG Bun w/ WG Chips Corn Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ Lettuce & Tomato <b>OR</b> Pizza Baked Beans Cole Slaw Carrots w/ Dip Strawberries Fresh Fruit Ice Cream Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing <b>OR</b> Pizza Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Turkey & Cheese on WG Bun <b>OR</b> Cheeseburger on WG Bun WG Chips Lettuce, Tomato, & Onions Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ WG Chips Lettuce & Tomato <b>OR</b> Pizza Baked Beans Corn Toss Salad w/ Dressing Raisins Fresh Fruit Milk Choice Birthday Cake
<b>Line 2</b>	Chicken Pot Pie Roll Green Beans Steamed Carrots Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans <b>OR</b> Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Strawberries Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream & Salsa <b>OR</b> Chicken on WG Bun Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Croutons / Saltine Crackers Peaches Fresh Fruit Milk Choice	Taco Bake w/ WG Roll Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Corn Dog <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Raisins Fresh Fruit Milk Choice Birthday Cake
<b>Line 3</b>	Chicken Fajita w/ Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Salsa Corn Steamed Carrots Toss Salad w/ Dressing Saltines Crackers/Croutons Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans <b>OR</b> Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Strawberries Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream & Salsa <b>OR</b> Chicken on WG Bun Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Croutons/Saltine Crackers Peaches Fresh Fruit Milk Choice	Taco Bake w/ WG Roll Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Corn Dog <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Raisins Fresh Fruit Milk Choice Birthday Cake

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILTY OF FOOD.**

**This institution is an equal opportunity provider.**

**\*\*\* We have changed our homemade rolls from whole grain to enriched white.**

**Students must have a lunch from home or school to be eligible to purchase the following items:**

**Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.**

**Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90**

**Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.**

**NO CHARGING will be allowed for these items or any extra food sales.**

**Students must follow the WC School Nutrition guidelines**



**EVERY STUDENT'S TRAY MUST AT LEAST  
1/2 CUP FRUIT OR VEGGIE ON IT**



**NEW**

Have you submitted your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to [www.myschoolbucks.com](http://www.myschoolbucks.com)



**School Payments Made Easy**

**From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at [walkerschools.org](http://walkerschools.org)**