



# LaFAYETTE HIGH SCHOOL

## MARCH 4 - 8, 2019



### WEEK 2

	Monday 4th	Tuesday 5 <sup>th</sup>	Wednesday 6 <sup>th</sup>	Thursday 7 <sup>th</sup>	Friday 8 <sup>th</sup>
<b>Line 1</b>	Pizza OR Burrito w/ Cheese Cup w/ Salsa & Sour Cream Lettuce & Diced Tomatoes Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ Lettuce & Tomato OR Pizza Baked Beans Cole Slaw Carrots w/ Dip Apricots Fresh Fruit Ice Cream Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing OR Pizza Corn Green Beans Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Deli Ham & Cheese on WG Bun w/ WG Chips & Lettuce & Tomato OR Pizza Baked Beans Corn Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Turkey & Cheese on WG Bun w/ WG Chips & Lettuce, Tomato OR Pizza Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
<b>Line 2</b>	Chicken Pot Pie WG Roll Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Apricots Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream & Salsa OR Chicken on WG Bun Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Croutons / Saltine Crackers Strawberries Fresh Fruit Milk Choice	Corndog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun w/ WG Chips & Lettuce, Tomato , Onions OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
<b>Line 3</b>	Ham & Cheese on WG Bun WG Chips Lettuce & Tomato Green Beans Carrots w/ Dip Caesar Salad Applesauce Frozen Fruit Milk Choice	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Apricots Fresh Fruit Ice Cream Milk Choice	Quesadilla w/ Sour Cream & Salsa OR Chicken on WG Bun Lettuce & Tomatoes Refried Beans Fries Toss Salad w/ Dressing Croutons/Saltine Crackers Strawberries Fresh Fruit Milk Choice	Corndog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Cole Slaw Baked Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice	Cheeseburger on WG Bun w/ WG Chips & Lettuce, Tomato , Onions OR Cheesy Bread Sticks w/ Beefy Marinara Sauce Baked Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.**

**This institution is an equal opportunity provider.**

**Students must have a lunch from home or school to be eligible to purchase the following items:**

**Every day:** 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

**Thursdays :** Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90

**Fridays:** WG Choc Chip Cookie (1.85 oz.) for \$.75.

**NO CHARGING** will be allowed for these items or any extra food sales.

**Students must follow the WC School Nutrition guidelines**



**EVERY STUDENT'S TRAY MUST AT LEAST  
1/2 CUP FRUIT OR VEGGIE ON IT.**



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