



# LAFAYETTE HIGH SCHOOL

## MARCH 11 - 15, 2019



Week 3

|               | <b>Monday 11th</b>  | <b>Tuesday 12th</b>  | <b>Wednesday 13th</b>  | <b>Thursday 14th</b>   | <b>Friday 15th</b>   |
|---------------|---|--|--|--|--|
| <b>Line 1</b> | Pizza<br>OR<br>Chef Salad w/<br>Ham & Cheese &<br>Saltines Crackers &<br>Croutons w/ Dressing<br>Refried Beans<br>Steamed Carrots<br>Toss Salad w/ Dressing<br>Applesauce Frozen Fruit<br>Milk Choice                     | Pizza<br>OR<br>Ham & Cheese on WG Bun<br>Mixed Veggies<br>Broccoli w/ Cheese<br>Toss Salad w/ Dressing<br>Strawberries<br>Fresh Fruit<br>Milk Choice                   | Pizza<br>OR<br>Chef Salad w/<br>Ham & Cheese &<br>Saltines Crackers & Croutons<br>w/ Dressing<br>Corn Green Beans<br>Toss Salad w/ Dressing<br>Blueberries Fresh Fruit<br>WG Choc Chip Cookie<br>Milk Choice | Baked Potato Bar w/<br>Chili & Cheese Cup,<br>Sour Cream &<br>Saltine Crackers & Croutons<br>OR<br>Pizza<br>Cole Slaw<br>Cherry Tomatoes &<br>Baby Carrots w/ Dip<br>Toss Salad w/ Dressing<br>Apricots Fresh Fruit<br>Milk Choice | Cheeseburger on WG Bun<br>WG Chips<br>Lettuce & Tomato & Onions<br>OR<br>Pizza<br>Baked Sweet Potato Fries<br>Baked Beans<br>Carrots w/ Dip<br>Caesar Salad<br>Pears<br>Fresh Fruit<br>Milk Choice |
| <b>Line 2</b> | Chicken Fajita<br>w/ Cheese Cup<br>Salsa and Sour Cream<br>Lettuce & Diced Tomatoes<br>Refried Beans<br>Steamed Carrots<br>Toss Salad w/ Dressing<br>Saltines Crackers/Croutons<br>Applesauce Frozen Fruit<br>Milk Choice | Chicken Nuggets<br>OR<br>Turkey sliced w/ Gravy<br>WG Roll<br>Mixed Veggies<br>Broccoli w/ Cheese<br>Toss Salad w/ Dressing<br>Strawberries Fresh Fruit<br>Milk Choice | Spaghetti w/ Meat Sauce &<br>WG Roll<br>OR<br>Fish Nuggets w/<br>Hushpuppies & Tartar Sauce<br>Corn Green Beans<br>Toss Salad w/ Dressing<br>Blueberries Fresh Fruit<br>WG Choc Chip Cookie<br>Milk Choice   | Hotdog on WG Bun w/ Chili<br>OR<br>Sloppy Joe on WG Bun<br>Cole Slaw Fries<br>Cherry Tomatoes &<br>Baby Carrots w/ Dip<br>Toss Salad w/ Dressing<br>Apricots Fresh Fruit<br>Milk Choice  | Taco Soup W/ Tortilla Chips<br>& Cheesy Bread Stick<br>Cheese & Sour Cream<br>Carrots w/ Dip<br>Refried Beans<br>Caesar Salad<br>Pears Fresh Fruit<br>Milk Choice                                  |
| <b>Line 3</b> | Hot Ham & Cheese<br>on WG Bun<br>WG Chips<br>Refried Beans<br>Steamed Carrots<br>Toss Salad w/ Dressing<br>Applesauce<br>Frozen Fruit<br>Milk Choice  | Chicken Nuggets<br>OR<br>Turkey sliced w/ Gravy<br>WG Roll<br>Mixed Veggies<br>Broccoli w/ Cheese<br>Toss Salad w/ Dressing<br>Strawberries Fresh Fruit<br>Milk Choice | Spaghetti w/ Meat Sauce &<br>WG Roll<br>OR<br>Fish Nuggets w/<br>Hushpuppies & Tartar Sauce<br>Corn Green Beans<br>Toss Salad w/ Dressing<br>Blueberries Fresh Fruit<br>WG Choc Chip Cookie<br>Milk Choice   | Hotdog on WG Bun w/ Chili<br>OR<br>Sloppy Joe on WG Bun<br>Cole Slaw Fries<br>Cherry Tomatoes &<br>Baby Carrots w/ Dip<br>Toss Salad w/ Dressing<br>Apricots Fresh Fruit<br>Milk Choice  | Taco Soup W/ Tortilla Chips<br>& Cheesy Bread Stick<br>Cheese & Sour Cream<br>Carrots w/ Dip<br>Refried Beans<br>Caesar Salad<br>Pears Fresh Fruit<br>Milk Choice                                  |

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**EVERY STUDENT'S LUNCH TRAY MUST HAVE  
½ CUP OF FRUIT OR VEGETABLE ON IT.**

**Students must have a lunch from home or school to be eligible to purchase the following items:**

**Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.**

**Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and  
WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.**

**NO CHARGING will be allowed for these items or any extra food sales.**

**Students must follow the WC School Nutrition guidelines.**



**School Payments Made Easy**

From the cafeteria to the classroom, pay  
anytime, anywhere from your computer  
or smartphone at [walkerschools.org](http://walkerschools.org)