

Walker County Schools

January



Welcome Back To School.
We have missed you

LUNCH MIDDLE SCHOOLS
2017 – 2018

Healthy Food
just for you.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>School is out until Monday, January 8, 2018</p>				
<p>Welcome Back!!!!!!!!!!!!!! Pizza OR Burrito w/ Sour Cream Green Beans Carrots w/ dip Caesar Salad Applesauce Frozen Fruit Milk Choice</p> <p style="text-align: right;">8</p>	<p>Mac & Cheese Pintos OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Toss Salad w/ Dressing Choice Apricots Fresh Fruit Ice Cream Milk Choice</p> <p style="text-align: right;">9</p>	<p>Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice</p> <p style="text-align: right;">10</p>	<p>Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice</p> <p style="text-align: right;">11</p>	<p>Hamburger on WG Bun w/ Lettuce, Tomato, Onion OR Taco Soup w/ Tortilla Chips & Grilled Cheese Sandwich Veggies w/ Ranch Dressing Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice</p> <p style="text-align: right;">12</p>
<p>NO SCHOOL HOLIDAY</p> <p style="text-align: right;">15</p>	<p>Pizza OR Chicken Nuggets w/ WG Roll Steamed Carrots Broccoli/Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice</p> <p style="text-align: right;">16</p>	<p>Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit WG Choc Chip Cookie Milk Choice</p> <p style="text-align: right;">17</p>	<p>Hotdog w/Chili OR Chili w/ Grilled Cheese Sandwich Cole Slaw Fries Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice</p> <p style="text-align: right;">18</p>	<p>Cheese Bread Sticks w/ Marinara Sauce OR Chicken Noodle Soup w/ Cheesy Bread Stick Refried Beans Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice</p> <p style="text-align: right;">19</p>
<p>Teriyaki Chicken w/ WG Rolls OR Pizza Broccoli w/ Cheese Carrots w/ Dip Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice</p> <p style="text-align: right;">22</p>	<p>Chicken Nuggets w/ WG Roll OR Lasagna w/ WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice</p> <p style="text-align: right;">23</p>	<p>Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Lettuce & Tomato Refried Beans Strawberries Fresh Fruit Milk Choice</p> <p style="text-align: right;">24</p>	<p>BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Peaches Fresh Fruit Apple Crisp Milk Choice</p> <p style="text-align: right;">25</p>	<p>Chicken on WG Bun w/ Lettuce & Tomato OR Vegetable Beef Soup w/ Grilled Cheese Sandwich Steamed Carrots Fries Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p style="text-align: right;">26</p>
<p>Pizza OR Burrito w/ Sour Cream Green Beans Carrots w/ dip Caesar Salad Applesauce Frozen Fruit Milk Choice</p> <p style="text-align: right;">29</p>	<p>Mac & Cheese Pintos OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Cornbread Toss Salad w/ Dressing Choice Apricots Fresh Fruit Ice Cream Milk Choice</p> <p style="text-align: right;">30</p>	<p>Quesadilla w/ Sour Cream OR Chicken on WG Bun Fries Refried Beans Salsa Lettuce & Tomato Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice</p> <p style="text-align: right;">31</p>		<p>Every lunch tray must have 1/2 cup serving of fruit or veggie on it.</p>

MENU SUBJECT TO CHANGE BASED UPON AVAILABILTY OF FOOD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Students must have a lunch from home or school to be eligible to purchase the following items:

20 oz. Bottle Water every day for \$1.00, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.