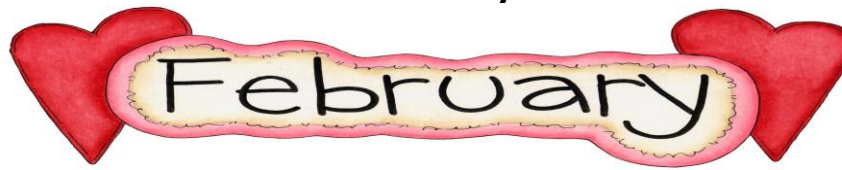


Walker County Schools



LUNCH MIDDLE SCHOOLS  
2017 - 2018

February 14th  
"Happy Valentine's Day"

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Every lunch tray must have 1/2 cup serving of fruit or veggie on it.</p>	<p>Will we have an early Spring or 6 more weeks of Winter? Feb 2nd</p>		
Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 5	Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli/Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 6	Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit WG Choc Chip Cookie Milk Choice 7	Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Toss Salad w/ Dressing Choice Spiced Apples Fresh Fruit Milk Choice 1	Hamburger on WG Bun w/ Lettuce, Tomato, Onion OR Taco Soup w/ Tortilla Chips & Grilled Cheese Sandwich Veggies w/ Ranch Dressing Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice 2
Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 5	Chicken Nuggets OR Lasagna WG Roll Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Apricots Fresh Fruit Milk Choice 13	<p><b>HAPPY VALENTINE'S DAY</b></p> Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Lettuce & Tomato Refried Beans Strawberries Fresh Fruit Milk Choice 14	BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Peaches Fresh Fruit Apple Crisp Milk Choice 15	Chicken on WG Bun w/ Lettuce & Tomato OR Vegetable Beef Soup w/ Grilled Cheese Sandwich Steamed Carrots Fries Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice 16
<p>Have a great winter break!</p> <p>Winter Break February 19 &amp; 20th</p>		<p>Teacher Inservice Day NO SCHOOL February 21st</p>		
Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Refried Beans Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice 26	Chicken Nuggets OR Pork Roast w/ Gravy WG Roll Mixed Veggies Broccoli/Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice 27	Spaghetti w/ Meat Sauce w/ WG Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit WG Choc Chip Cookie Milk Choice 28	<p>MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD <b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b> Students must have a lunch from home or school to be eligible to purchase the following items: Every day 20 oz. Bottle Water for \$1.00 and Switch Drink for \$1.25. Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.  NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.</p>	