






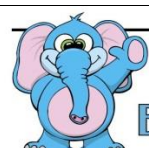



April



START YOUR DAY WITH BREAKFAST

**Breakfast Menu
2017 - 2018**

April 1, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SPRING BREAK APRIL 2 - 6 NO SCHOOL</p> 				
 No School April 9th	Chicken Biscuit OR Cinnamon Toast Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 10	Biscuit OR Cereal Choice Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 11	Sausage Biscuit OR Pop Tart Yogurt Strawberries / Fresh Fruit / Juice Choice Milk Choice 12	Egg & Cheese Croissant OR Yogurt Parfait w/ Graham Cracker Spiced Apples / Fresh Fruit / Juice Choice Milk Choice 13
Pancake Sausage on Stick OR Cinnamon Toast Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice 16	Sausage Biscuit OR Cereal Choice Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 17	Cinnamon Rolls OR Cheese Toast Strawberries / Fresh Fruit / Juice Choice Milk Choice 18	Egg & Cheese Croissant OR Chicken Biscuit Blueberries / Fresh Fruit / Juice Choice Milk Choice 19	Biscuit OR Pop Tart Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 20
Biscuit OR Cereal Choice Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice 23	Sausage Biscuit OR Cheese Toast Applesauce / Fresh Fruit / Juice Choice Milk Choice 24	Pancake Sausage on Stick OR Yogurt Parfait w/ Graham Cracker Peaches / Fresh Fruit / Juice Choice Milk Choice 25	Chicken Biscuit OR Pop Tart Yogurt Strawberries / Fresh Fruit / Juice Choice Milk Choice 26	Egg & Cheese Croissant OR Cinnamon Rolls Pears / Fresh Fruit / Juice Choice Milk Choice 27
Pancakes OR Cheese Toast Blueberries / Fresh Fruit / Juice Choice Milk Choice 30	 <p>Don't Forget— Breakfast is Brain Food!</p> <p>SCHOOL BREAKFAST PROGRAM</p>	 <p>½ cup of fruit/juice must be on your plate.</p>	 <p>Make the Grade with SCHOOL BREAKFAST</p>	 <p>United States Department of Agriculture</p>

Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious.

Help your child make good choices.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

This institution is an equal opportunity provider.



School Payments Made Easy
From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org