







LaFayette High School Lunch

January 5 - 8, 2016

Week 1

Lines	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Line 1		Teriyaki Chicken WW Roll Vegetable Medley Carrots w/ Dip Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato Corn Baked Sweet Potatoes Fries Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Pizza Baked Beans Coleslaw Toss Salad w/ Dressing Raisins Fresh Fruit Milk Choice	Corndog WG Chips Fries Steamed Carrots Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice
Line 2		Pizza OR Cheeseburger on WG Bun w/ Lettuce & Tomato Carrots w/ Dip Fries Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Taco w/ Crispy Shells & Cheese Cup Salsa and Sour Cream Lettuce & Diced Tomato Refried Beans Corn Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Pork BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Coleslaw Toss Salad w/ Dressing Raisins Fresh Fruit Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice
Line 3		Teriyaki Chicken WW Roll Vegetable Medley Carrots w/ Dip Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Pizza Corn Refried Beans Steamed Carrots Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Chef Salad w/ Ham and Cheese Saltines Crackers & Croutons w/ Dressing Baked Beans Coleslaw Raisins Fresh Fruit Milk Choice	Chili w/ Grilled Cheese Sandwich Saltine Crackers Fries Steamed Carrots Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice
Line 4		Pizza OR Cheeseburger on WG Bun w/ Lettuce & Tomato Carrots w/ Dip Fries Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice	Taco Crispy Shells & Cheese Cup Salsa and Sour Cream Lettuce & Diced Tomato Refried Beans Corn Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Pork BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Coleslaw Toss Salad w/ Dressing Raisins Fresh Fruit Milk Choice	Chicken on WG Bun Lettuce & Tomato Fries Steamed Carrots Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice



MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.