

Walker County Schools



January



Welcome Back To School.
We have missed you.

LUNCH ELEMENTARY SCHOOLS 2015 – 2016

Healthy Food
just for you.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Staff Inservice Day 4</p>	<p>Teriyaki Chicken w/ WW Rolls OR Pizza Vegetable Medley Steamed Carrots Toss Salad w/ Dressing Choice Strawberries Frozen Fruit Milk Choice</p> <p>5</p>	<p>Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Lettuce & Tomato Refried Beans Peaches Fresh Fruit Milk Choice</p> <p>6</p>	<p>BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice</p> <p>7</p>	<p>Chicken on WG Bun w/ Lettuce & Tomato OR Chili w/ Grilled Cheese Sandwich Steamed Carrots Fries Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p>8</p>
<p>Pizza OR Burrito w/ Sour Cream Green Beans Carrots w/ dip Caesar Salad Applesauce Frozen Fruit Milk Choice</p> <p>11</p>	<p>Mac & Cheese Pintos OR Black-eyed Peas Okra Cole Slaw Sweet Potatoes Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Ice Cream Milk Choice</p> <p>12</p>	<p>Quesadilla w/ Sour Cream & Salsa OR Chicken on WG Bun Fries Refried Beans Lettuce & Tomato Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice</p> <p>13</p>	<p>Corn Dog OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Cole Slaw Corn Baked Beans Saltines Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice</p> <p>14</p>	<p>Turkey and Cheese on WG Bun OR Vegetable Beef Soup w/ Grilled Cheese Sandwich Lettuce & Tomatoes Steamed Carrots Toss Salad w/ Dressing Choice Pears Fresh Fruit Milk Choice</p> <p>15</p>
 <p>NO SCHOOL HOLIDAY 18</p>	<p>Pizza OR Chicken Nuggets WW Roll Steamed Carrots Broccoli/Cheese Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice</p> <p>19</p>	<p>Lasagna w/ WW Roll OR Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Green Beans Toss Salad w/ Dressing Choice Saltines Spiced Apples Fresh Fruit WG Choc Chip Cookie Milk Choice</p> <p>20</p>	<p>Hotdog w/Chili OR Sloppy Joe on WG Bun Cole Slaw Fries Toss Salad w/ Dressing Choice Peaches Fresh Fruit Milk Choice</p> <p>21</p>	<p>Cheesy Bread Sticks w/ Marinara Sauce OR Chicken Noodle Soup w/ Cheesy Bread Stick Refried Beans Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice</p> <p>22</p>
<p>Teriyaki Chicken w/ WW Rolls OR Pizza Vegetable Medley Steamed Carrots Toss Salad w/ Dressing Choice Applesauce Frozen Fruit Milk Choice</p> <p>25</p>	<p>Chicken Nuggets w/ WW Roll OR Spaghetti w/ Meat Sauce Green Beans Cream Potatoes Toss Salad w/ Dressing Choice Strawberries Fresh Fruit Milk Choice</p> <p>26</p>	<p>Hamburger on WG Bun OR Taco w/ Crispy Shells & Cheese Cup & Salsa & Sour Cream Lettuce & Tomato Refried Beans Peaches Fresh Fruit Milk Choice</p> <p>27</p>	<p>BBQ on WG Bun OR Fish w/ Tartar Sauce on WG Bun Baked Beans Cole Slaw Toss Salad w/ Dressing Choice Raisins Fresh Fruit Milk Choice</p> <p>28</p>	<p>Chicken on WG Bun w/ Lettuce & Tomato OR Chili w/ Grilled Cheese Sandwich Steamed Carrots Fries Toss Salad w/ Dressing Choice Mixed Fruit Fresh Fruit Milk Choice</p> <p>29</p>

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Students must have a lunch from home or school to be eligible to purchase the following items:

12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.



Every lunch tray must
have 1/2 cup serving
of fruit or veggie on it.