







LaFAYETTE HIGH SCHOOL

January 18 – 22, 2016

WEEK 3

Lines	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Line 1	 HOLDAY NO SCHOOL	Deli Ham & Cheese on WG Bun Lettuce & Tomato Steamed Carrots Broccoli w/ Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Pizza Corn Sweet Potatoes Green Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit WG Choc Chip Cookie Milk Choice	Hotdog on WG Bun w/ Chili OR Sloppy Joe on WG Bun Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Cheesy Bread Sticks w/ Marinara Sauce Refried Beans Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice
Line 2		Pizza OR Chicken Nuggets w/ WW Roll Steamed Carrots Broccoli w/ Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Lasagna w/ WW Roll OR Fish Nuggets w/ Tartar Sauce & Hushpuppies Corn Green Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit WG Choc Chip Cookie Milk Choice	Pizza Baked Beans Cole Slaw Corn Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion Baked Sweet Potato Fries Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice
Line 3	 HOLDAY NO SCHOOL	Chef Salad w/ Ham & Cheese and Saltine Crackers & Croutons w/ Dressing Broccoli w/ Cheese Steamed Carrots Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Chef Salad w/ Ham & Cheese and Saltine Crackers & Croutons w/ Dressing Sweet Potatoes Corn Green Beans Spiced Apples Fresh Fruit WG Choc Chip Cookie Milk Choice	Baked Potato w/ Chili & Cheese Cup Saltine Crackers & Croutons Cherry Tomatoes & Baby Carrots w/ Dip Baked Beans Cole Slaw Corn Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Cheese Sticks w/ Chicken Noodle Soup Saltine Crackers Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice
Line 4		Pizza OR Chicken Nuggets w/ WW Roll Steamed Carrots Broccoli w/ Cheese Toss Salad w/ Dressing Strawberries Fresh Fruit Milk Choice	Lasagna w/ WW Roll OR Fish Nuggets w/ Tartar Sauce & Hushpuppies Corn Green Beans Toss Salad w/ Dressing Spiced Apples Fresh Fruit WG Choc Chip Cookie Milk Choice	Hotdog on WG Bun w/ Chili OR Sloppy Joe on WG Bun Baked Beans Cole Slaw Fries Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice	Cheeseburger on WG Bun WG Chips Lettuce & Tomato & Onion Baked Sweet Potato Fries Carrots w/ Dip Caesar Salad Pears Fresh Fruit Milk Choice



MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.25.

Thursdays: Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$.90 and WG Choc Chip Cookie (1.85 oz.) on **Fridays** for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines