Walker County Schools







START YOUR DAY WITH BREAKFAST

Breakfast Menu 2015 - 2016

2013 - 2010				
Monday	Tuesday	Wednesday	Thursday	Friday
	Sausage Biscuit	Pastry	Chicken Biscuit	Egg & Cheese Croissant
tits the same of t	OR	OR	OR	OR
4年年4	Cinnamon Toast Yogurt	Cereal Choice Yogurt	Pop Tart Yogurt	French Toast Sticks
	Applesauce / Fresh Fruit /	Strawberries / Fresh Fruit /	Peaches/ Fresh Fruit /	Raisins / Fresh Fruit /
INSERVICE DAY	Juice Choice	Juice Choice	Juice Choice	Juice Choice
NO SCHOOL	Milk Choice 5	Milk Choice 6	Milk Choice 7	Milk Choice 8
Pancakes	Chicken Biscuit	Breakfast Pizza	Sausage Biscuit	Egg & Cheese Croissant
OR	OR	OR	OR	OR
Cheese Toast	Cinnamon Toast Yogurt	Cereal Choice Yogurt	Pop Tart Yogurt	Pastry
Mixed Fruit / Fresh Fruit /	Applesauce / Fresh Fruit /	Strawberries / Fresh Fruit /	Raisins / Fresh Fruit /	Peaches / Fresh Fruit /
Juice Choice	Juice Choice	Juice Choice	Juice Choice	Juice Choice
Milk Choice 11	Milk Choice 12	Milk Choice 13	Milk Choice 14	Milk Choice 15
2	Sausage Biscuit	Pancake Sausage on Stick	Egg & Cheese Croissant	Breakfast Pizza
	OR	OR	OR	OR
	Cereal Choice Yogurt	Cheese Toast	Chicken Biscuit	Pop Tart Yogurt
	Pears / Fresh Fruit /	Strawberries / Fresh Fruit /	Spiced Apples / Fresh Fruit /	Peaches / Fresh Fruit /
© www.12.5f com	Juice Choice	Juice Choice	Juice Choice	Juice Choice
MLK Day	Milk Choice	Milk Choice	Milk Choice	Milk Choice
School Holiday 18	19	20	21	22
Pancake Sausage on Stick	Sausage Biscuit	Pastry	Chicken Biscuit	Egg & Cheese Croissant
OR	OR	OR	OR	OR
Cheese Toast	Cinnamon Toast Yogurt	Cereal Choice Yogurt	Pop Tart Yogurt	French Toast Sticks
Pears / Juice Choice/	Applesauce / Fresh Fruit /	Strawberries / Fresh Fruit /	Peaches/ Fresh Fruit /	Raisins / Fresh Fruit /
Fresh Fruit	Juice Choice	Juice Choice	Juice Choice	Juice Choice
Milk Choice 25	Milk Choice 26	Milk Choice 27	Milk Choice 28	Milk Choice 29
	LET'S TACKLE CHILDHOOD HUNGER BY BRINGING BREAKFAST TO THE	Dairy		read
Samuel Control of the	CLASSROOM	Grains	Make the	School Breakfast play
		Vegetables Protein		ready SET GO! learn
			Gradé	
OUR BISCUITS ARE BACK		½ cup of fruit/juice must be	with SCHOOL BREAKFAST	dre
SON BIOSOTTO AIRE BAOK	TAKE ACTION NOW	on your plate.	WILL SCHOOL BREAKFAST	dream

Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious. Help your child make good choices.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILTY OF FOOD

[&]quot;This institution is an equal opportunity provider."