

# Chattanooga Valley Middle School

*Expect Academic Growth; Let Education help you Soar!*

www.walkerschools.org/cvm

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## CYBERBULLYING

With cell phones, instant messaging, and social networking sites like MySpace and Facebook, today's kids are more connected than ever and more likely to encounter cyberbullies.

These technology abusers start online fights, post cruel messages, make threats, and stalk their victims just as bullies do in person. The difference is that they can do so while remaining anonymous and invisible.

### Cut your child's risk:

- Remind him never to post anything that could be used to embarrass him, such as an inappropriate photo or comment.
- Insist that he keeps social networking profiles private and accept e-mails and messages only from people he knows well.
- Visit sites where he posts information and be aware of what goes on there. Let him know you aren't spying on him, but that you want to know who he's spending time with and what he's doing, just as you do in "real life."

### If your middle school student is being harassed by a cyberbully, you should:

- Make sure he knows to ignore the bully (turn his cell phone off, leave the computer). Responding will only make matters worse.
- Notify your Internet service provider or the Web site manager. Most have policies against using accounts for harassment. If a bully is hiding behind a screen name, the provider or Webmaster may be able to help with identification.
- Call the police if the harassment involves threats and you believe your child is in danger.

## PTO COUPON BOOK SALE SEPTEMBER 28 - OCTOBER 14

### Prizes

- Sell - 2 Books - Pizza Party
- Sell - 4 Books - In Drawing for \$25
- Sell - 5-10 Books - In Drawing for \$50
- Top Seller - \$100 and an iPod

## STAY INVOLVED

Your child may act like he/she wishes you would disappear sometimes. But when it comes to school success, middle school students still need their parents around.

### Why?

When parents get involved in learning, student achievement soars. Middle school students score higher on tests, turn in better projects, and participate more in class if they know their parents care.

### When?

You can be involved in your child's learning at any time of day. Talk about homework while you're making dinner. Watch a documentary together at night. Visit a museum on the weekend. You'll show your child that you think learning is important.

### Where?

Teachers will welcome your commitment, whether you help in the classroom, volunteer at evening events, or simply support your own child at home.

## Calendar of Events

October	4-10	National Fire Prevention Week
October	9	End of 1st Nine Weeks Fall Picture Retakes
October	12-13	Fall Break
October	12-16	National School Lunch Week
October	14	Beginning of 2nd Nine Weeks End PTO Coupon Book Sale
October	16	Report Cards
October	18-24	National School Bus Safety Week
October	22	Football Championship
October	30	Club Day
October	31	Halloween